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[Argentine Consensus of the Diagnosis and Treatment of Hereditary Angioedema]

[Article in Spanish]

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Abstract in English, Spanish

Objectives: Hereditary angioedema (HAE) is a rare disease. During the last years, many studies and advances have been developed with the aim of better understanding the pathophysiology, as well as optimizing patient management. Several international working groups have attempted to clarify and standardize the care of HAE communicated as guidelines and consensus recommendations. We considered necessary to provide recommendations for the diagnosis and treatment of patients with HAE in Argentina.

Methods: A group of specialists of allergy and immunology from Argentina by using the online surveys methodology as well as face to face meetings developed the intended consensus.

Results: Recommendations were established based on published evidence and the expert opinion. The consensus focused on diagnosis, acute management of attacks, short and long-term prophylaxis, special situations (pediatrics and pregnancy) and disease management considering the health care system in Argentina.

Conclusion: The recommendations established in this consensus guidelines will optimize the management of patients with HAE in Argentina.

Keywords: Argentina; Consensus; Diagnosis; Hereditary angioedema; Treatment.

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